

Linctagon®

Viral Defence Junior Syrup



SCHEDULING STATUS

[S0]

PROPRIETARY NAME AND DOSAGE FORM

LINCTAGON® VIRAL DEFENCE JUNIOR SYRUP (SYRUP)

Read all of this leaflet carefully because it contains important information for you. LINCTAGON® VIRAL DEFENCE JUNIOR SYRUP is available without a doctor's prescription, as a supplement. Nevertheless, you still need to use LINCTAGON® VIRAL DEFENCE JUNIOR SYRUP carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Do not share LINCTAGON® VIRAL DEFENCE JUNIOR SYRUP with any other person.
- Ask your health care professional if you need more information or advice.
- You must see a doctor if your symptoms worsen or do not improve or if you notice any side effect not listed in this leaflet.

1. WHAT LINCTAGON® VIRAL DEFENCE JUNIOR SYRUP CONTAINS

Active Ingredients	Each 5 ml contains:	%NRV per 5 ml:
Fulvic acid (as CHD-FA®)	3 ml	NA
Rooibos extract	14,66 mg	NA
Vitamin A	150 ugRE	16,66 %
Vitamin E	25 mg	165 %

The other ingredients are: Fructose, flavourant, colourant, sodium hydroxide, sorbitol, xylitol, water, strawberry extract.

Contains Sugar: Fructose – 0,42 g/5 ml.

Contains Sweetener: Sorbitol – 0,2 g/5 ml; Xylitol 0,47 g/5 ml; Sucralose 3 mg/5 ml

Important information about some of the ingredients of LINCTAGON® VIRAL DEFENCE JUNIOR SYRUP:

LINCTAGON® VIRAL DEFENCE JUNIOR SYRUP contains fructose. Patients with rare hereditary conditions of fructose or galactose intolerance should not take LINCTAGON® VIRAL DEFENCE JUNIOR SYRUP. If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking LINCTAGON® VIRAL DEFENCE JUNIOR SYRUP. LINCTAGON® VIRAL DEFENCE JUNIOR SYRUP contains fructose which may have an effect on the control of your blood sugar if you have diabetes mellitus. LINCTAGON® VIRAL DEFENCE JUNIOR SYRUP contains sorbitol and xylitol and may have a laxative effect.

2. WHAT LINCTAGON® VIRAL DEFENCE JUNIOR SYRUP IS USED FOR

LINCTAGON® VIRAL DEFENCE JUNIOR SYRUP helps to maintain immune function and promotes overall good health. It can assist the body's defence system with infection support, inflammation support and free radical support.

3. BEFORE YOU TAKE LINCTAGON® VIRAL DEFENCE SYRUP

Do not take LINCTAGON® VIRAL DEFENCE SYRUP

- If you are allergic to any of the ingredients of **LINCTAGON® VIRAL DEFENCE JUNIOR SYRUP** (see **WHAT LINCTAGON® VIRAL DEFENCE JUNIOR SYRUP CONTAINS**).
- If you are pregnant or are breastfeeding your baby (see 'Pregnancy and breastfeeding') (see **HOW TO TAKE LINCTAGON® VIRAL DEFENCE JUNIOR SYRUP**)

Tell your doctor if you are not sure about any of the above.

Taking LINCTAGON® VIRAL DEFENCE JUNIOR SYRUP with food and drink

There are no known side effects to taking LINCTAGON® VIRAL DEFENCE SYRUP with food and drink.

Pregnancy and Breastfeeding

Do not use **LINCTAGON® VIRAL DEFENCE JUNIOR SYRUP** during pregnancy or while you are breastfeeding your baby, as safety and efficacy have not been established. If you are pregnant or breastfeeding your baby, please consult your doctor, pharmacist or other healthcare professional for advice before taking this medicine.

Driving and using machinery

No studies on the effect on the ability to drive or use machinery have been performed. It is unlikely that **LINCTAGON® VIRAL DEFENCE JUNIOR SYRUP** would affect your ability to drive or use machinery. However, please exercise care until you are certain that your ability to perform such activities is not affected.

Taking other medicines with LINCTAGON® VIRAL DEFENCE JUNIOR SYRUP

Always tell your healthcare professional if you are taking any other medicine, including medicines obtained without a prescription.

4. HOW TO TAKE LINCTAGON® VIRAL DEFENCE JUNIOR SYRUP

Do not share medicines prescribed for you with any other person.

Always take **LINCTAGON® VIRAL DEFENCE JUNIOR SYRUP** exactly as indicated or as your doctor has instructed you. You should check with your doctor or pharmacist if you are unsure.

Children 1-3 years of age: Give 2,5 ml syrup once daily with a meal to maintain immune function. During the flu season this can be increased to 2,5 ml twice daily.
Children 4-6 years of age: Give 5 ml syrup once daily with a meal to maintain immune function. During the flu season this can be increased to 5 ml twice daily.
Children 6-12 years of age: Give 10 ml syrup once daily with a meal to maintain immune function. During the flu season this can be increased to 10 ml twice daily.

If you take more LINCTAGON® VIRAL DEFENCE JUNIOR SYRUP than you should
In the event of over dosage, consult your doctor or pharmacist. If neither is available, contact the nearest hospital or poison control centre.

If you forget to take / missed a dose of LINCTAGON® VIRAL DEFENCE JUNIOR SYRUP

Take your missed dose when you remember. Do not take a double dose to make up for forgotten individual doses.

Effects when treatment with LINCTAGON® VIRAL DEFENCE JUNIOR SYRUP is stopped

When you are taking the dose as indicated it is unlikely that there should be withdrawal effects when you stop using this medication, however, always tell your doctor or pharmacist before stopping the use of **LINCTAGON® VIRAL DEFENCE JUNIOR SYRUP**.

5. POSSIBLE SIDE EFFECTS

LINCTAGON® VIRAL DEFENCE JUNIOR SYRUP can have side effects. Not all side effects reported for this medicine are included in this leaflet. Should your general health worsen, or you experience any untoward effects while taking this medicine, please consult your healthcare provider for advice. If you notice any side effects not mentioned in this leaflet, please inform your doctor or pharmacist.

6. STORING AND DISPOSING OF LINCTAGON® VIRAL DEFENCE JUNIOR SYRUP

Store at or below 25 °C.

Protect from light and moisture.

Store in original packaging until required for use.

Do not store in a bathroom.

Do not use after the expiry date stated on the label and carton.

Return all unused medicine to your pharmacist.

Do not dispose of unused medicine in drains or sewerage systems (e.g. toilets).

STORE ALL MEDICINES OUT OF REACH OF CHILDREN.

7. PRESENTATION OF LINCTAGON® VIRAL DEFENCE JUNIOR SYRUP

Amber coloured glass bottle containing 150 ml syrup, in a unit carton and PIL.

8. IDENTIFICATION OF LINCTAGON® VIRAL DEFENCE JUNIOR SYRUP

A pink liquid with a characteristic fruity taste.

9. REGISTRATION NUMBER

To be allocated.

10. NAME AND BUSINESS ADDRESS OF THE HOLDER OF REGISTRATION

Nativa (Pty) Ltd

260 Cradock Avenue, Lyttelton, Centurion, 0157, Gauteng, South Africa

Tel: +27 (0) 12 664 7110

Customer care line: **0860 628 482**

Email: health@nativa.co.za

Website: www.nativa.co.za

11. DATE OF PUBLICATION

To be allocated.

12. DATE OF REGISTRATION

To be allocated.

13. Category D

D34.12 Health Supplements: Multiple substance formulation.

This unregistered medicine has not been evaluated by the SAHPRA for its quality, safety or intended use.

The LINCTAGON® VIRAL DEFENCE JUNIOR SYRUP professional information may be obtained from the Nativa website (www.nativa.co.za).

PPAT017/03

Linctagon®



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SKEDULERINGSSTATUS

S0

HANDELSNAAM EN DOSERINGSVORM

LINCTAGON® VIRAL DEFENCE JUNIOR STROOP (STROOP)

Lees die hele voubiljet noukeurig deur, want dit bevat belangrike inligting vir jou.

LINCTAGON® VIRAL DEFENCE JUNIOR STROOP is beskikbaar sonder 'n doktersvoorskrif, as 'n aanvuller. Nogtans moet jy LINCTAGON® VIRAL DEFENCE JUNIOR STROOP versigtig gebruik om die beste resultate daaruit te kry.

- Hou hierdie voubiljet. Jy sal dit dalk later weer moet lees.
- Moenie LINCTAGON® VIRAL DEFENCE JUNIOR STROOP met enigiemand anders deel nie.
- Vra jou gesondheidsorgverskaffer as jy meer inligting of advies nodig het.
- Jy moet 'n dokter gaan spreek as jou simptome vererger of nie verbeter nie, of as jy enige nuwe-effekte opmerk wat nie in hierdie voubiljet genoem word nie.

1. WAT LINCTAGON® VIRAL DEFENCE JUNIOR STROOP BEVAT

Aktiewe bestanddele	Elke 5 ml bevat:	%NRV per 5 ml:
Fulviensuur (as CHD-FA®)	3 ml	NA
Rooibos ekstrak	14,66 mg	NA
Vitamien A	150 ugRE	16,66 %
Vitamien E	25 mg	165 %

Die ander bestanddele is: Fruktose, geurmiddel, kleurmiddel, natriumhidroksied, sorbitol, xylitol, water, arbei ekstrak.

Bevat suiker: Fruktose – 0,42 g/5 ml.

Bevat versoeter: Sorbitol – 0,2 g/5 ml; Xylitol 0,47 g/5 ml; Sukralose 3 mg/5 ml

Belangrike inligting oor die bestanddele van LINCTAGON® VIRAL DEFENCE JUNIOR STROOP:

LINCTAGON® VIRAL DEFENCE JUNIOR STROOP bevat fruktose. Pasiënte met seldsame oorerflike toestande van fruktose of galaktose-onverdraagsaamheid behoort nie LINCTAGON® VIRAL DEFENCE JUNIOR STROOP te gebruik nie. As u deur u dokter vertel is dat u nie suikers moet inneem nie, kontak u dokter voordat u LINCTAGON® VIRAL DEFENCE JUNIOR STROOP neem. LINCTAGON® VIRAL Defence STROOP bevat fruktose wat 'n uitwerking op die beheer van jou bloedsuiker kan hê as jy diabetes mellitus het. LINCTAGON® VIRAL DEFENCE JUNIOR STROOP bevat sorbitol en xylitol wat 'n lakserende effek mag hê.

2. WAARVOOR LINCTAGON® VIRAL DEFENCE JUNIOR SYRUP GEBRUIK WORD

LINCTAGON® VIRAL DEFENCE JUNIOR STROOP help om immuunfunksie te handhaaf en bevorder algehele goeie gesondheid. Dit kan die liggaam se verdedigingstelsel ondersteun en help teen infeksies, inflammasies en vry radikale beskadiging.

3. VOOR JY LINCTAGON® VIRAL DEFENCE JUNIOR STROOP NEEM

Moenie LINCTAGON® VIRAL DEFENCE JUNIOR STROOP neem

- As jy hipersensitief (allergies) is vir enige van die bestanddele van LINCTAGON® VIRAL DEFENCE JUNIOR STROOP (sien **WAT LINCTAGON® VIRAL DEFENCE JUNIOR STROOP BEVAT**).
 - Indien u swanger is of borsvoed (sien 'Swangerskap en borsvoeding') (sien '**Hoe om LINCTAGON® VIRAL DEFENCE JUNIOR STROOP te gebruik**)
- Raadpleeg jou dokter as jy onseker is oor enige van bogenoemde.

Die neem van LINCTAGON® VIRAL DEFENCE JUNIOR STROOP met kos en drank

Daar is geen bekende nuwe-effekte om LINCTAGON® VIRAL DEFENCE STROOP te gebruik met kos en drank nie

Swangerskap en borsvoeding

LINCTAGON® VIRAL DEFENCE JUNIOR STROOP is veilig vir gebruik gedurende swangerskap en borsvoeding, maar vra u gesondheidsorgverskaffer vir raad.

Bestuur en die gebruik van masjinerie

Geen navorsings studies is uitgevoer oor die effek op die vermoë om te bestuur of masjinerie te hanteer nie. Dit is onwaarskynlik dat **LINCTAGON® VIRAL DEFENCE JUNIOR STROOP** die vermoë om te bestuur of masjinerie te gebruik sal beïnvloed. Wees egter versigtig tot u seker is u vermoë om hierdie aktiwiteite uit te voer word nie beïnvloed nie.

Gebruik van ander medisyne saam met LINCTAGON® VIRAL DEFENCE JUNIOR STROOP

Vertel altyd jou gesondheidsverskaffer as jy enige ander medisyne gebruik, insluitend medisyne wat sonder voorskrif verkry.

4. HOE OM DIE LINCTAGON® VIRAL DEFENCE JUNIOR STROOP TE NEEM

Moenie medisyne wat vir u voorgeskryf is, met enige ander persoon deel nie. Neem altyd **LINCTAGON® VIRAL DEFENCE JUNIOR STROOP** presies soos aangedui of soos u dokter u opdrag gegee het. U moet seker maak met u dokter of apteker as u onseker is.

SKUD DIE BOTTEL VOOR GEBRUIK

Kinders 1-3 jaar oud: Gee 2,5 ml stroop een keer daaglik met 'n maaltyd om immuunfunksie te ondersteun. Tydens griepseisoen kan 2,5 ml twee keer 'n dag geneem word.

Kinders 4-6 jaar oud: Gee 5 ml stroop een keer daaglik met 'n maaltyd immuunfunksie te ondersteun. Tydens griepseisoen kan 5 ml twee keer 'n dag geneem word.

Kinders 6-12 jaar oud: Gee 10 ml stroop een keer daaglik met 'n maaltyd immuunfunksie te ondersteun. Tydens griepseisoen kan 10 ml twee keer 'n dag geneem word.

* Raadpleeg 'n geneesheer vir 'n diagnose of indien simptome voortduur.

As jy die aanbevole dosis LINCTAGON® VIRAL DEFENCE JUNIOR STROOP oorskry

In geval van oordosering, raadpleeg u dokter of apteker. As hulle nie beskikbaar is nie, kontak die naaste hospitaal of gifbeheersentrum.

As jy vergeet/nagelaat het om 'n dosis LINCTAGON® VIRAL DEFENCE JUNIOR STROOP te neem

Neem die oorgeslaande dosis sodra jy daarvan onthou. Moenie 'n dubbele dosis neem om te vergoed vir individuele dosisse wat jy oorgeslaan het nie.

Uitwerking na behandeling met LINCTAGON® VIRAL DEFENCE JUNIOR STROOP gestaak is

Wanneer jy die dosis soos aangedui neem, is dit onwaarskynlik dat daar onttrekkingsimptome sal wees wanneer jy hierdie medikasie ophou gebruik, maar sê altyd vir jou dokter of apteker voor jy **LINCTAGON® VIRAL Defence JUNIOR STROOP** ophou gebruik.

5. MOONTLIKE NUWE-EFFEKTE

LINCTAGON® VIRAL DEFENCE JUNIOR STROOP kan nuwe-effekte hê.

Nie alle nuwe-effekte wat vir hierdie medisyne gerapporteer word, word in hierdie bylae ingesluit nie. Indien u algemene gesondheid vererger of u enige onnodige effekte ondervind wanneer u hierdie medisyne gebruik, raadpleeg u gesondheidsorgverskaffer vir advies. As u enige nuwe-effekte sien wat nie in hierdie voubiljet genoem word nie, moet u asseblief u dokter of apteker in kennis stel.

6. BERGING EN WEGDOENING VAN LINCTAGON® VIRAL DEFENCE JUNIOR STROOP

Bewaar teen of onder 25 °C.

Beskerm teen lig en vog.

Bewaar in die oorspronklike verpakking tot voor gebruik.

Moenie in 'n badkamer bêre nie.

Moenie ná die vervaldatum op die verpakking gebruik nie.

Neem alle ongebruikte medisyne terug na jou apteker.

Moenie ongebruikte medisyne in dreine of rioelstelsels (bv. toilette) weggooi nie.

HOU ALLE MEDISYNE BUITE BEREIK VAN KINDERS.

7. AANBIEDING VAN LINCTAGON® VIRAL DEFENCE JUNIOR STROOP

Amberkleurige glasbottel wat 150 ml stroop bevat, in 'n karton en PIL.

8. IDENTIFIKASIE VAN LINCTAGON® VIRAL DEFENCE JUNIOR STROOP

'n Pienk vloeistof met 'n kenmerkende vrugtegeur.

9. REGISTRASIENOMMER

Moet toegeken word

10. NAAM EN BESIGHEIDSADRES VAN DIE REGISTRASIEHOUER

Nativa (Edms.) Bpk.

Cradocklaan 260, Lyttelton, Centurion 0157, Gauteng, Suid-Afrika

Tel.:+27 (0) 12 664 7110

Verbruikershulplyn: **0860 628 482**

E-pos: health@nativa.co.za

Webwerf: www.nativa.co.za

11. DATUM VAN PUBLIKASIE

Moet toegeken word

12. DATUM VAN REGISTRASIE

Moet toegeken word

13. Kategorie D

D34.12 Komplementêre medisyne – Gesondheidsaanvulling. Veelvoudige stof aanvulling.

Hierdie ongeregisteerde medisyne is nog nie deur die SAHPRA vir kwaliteit, veiligheid of voorgestelde gebruik geëvalueer nie.

Die LINCTAGON® VIRAL DEFENCE JUNIOR STROOP professionele inligting kan van die Nativawebwerf (www.nativa.co.za) of LINCTAGON® webwerf (www.linctagon.co.za) verkry word.

PPAT017/03