

PATIENT INFORMATION LEAFLET**Scheduling status:****S0****LINCTAGON® THROAT SPRAY***Salvia officinalis (sage), Pelargonium sidoides syrup cordial.*

Linctagon® Throat Spray contains sugar: Fructose (17 mg/ml), glucose (17 mg/ml) and sucrose (28 mg/ml).

Linctagon® Throat Spray contains artificial sweeteners: Glycerine (57 mg/ml) and Stevia (1 mg/ml).

Linctagon® Throat Spray contains preservative: Alcohol 24 % (m/m), 31 % (v/v).

- Complementary Medicine: Preparations for the common cold including nasal decongestants.
- This unregistered medicine has not been evaluated by the SAHPRA for its quality, safety or intended use.

Read all of this leaflet carefully because it contains important information for you.

Linctagon® Throat Spray is available without a doctor's prescription. However, you still need to use Linctagon® Throat Spray carefully to get the best results from it.

- Keep this leaflet. You may need to read it again
- Do not share Linctagon® Throat Spray with any other person
- Ask your healthcare provider or pharmacist if you need more information or advice.

WHAT IS IN THIS LEAFLET

1. What Linctagon® Throat Spray is and what it is used for
2. What you need to know before you take Linctagon® Throat Spray
3. How to take Linctagon® Throat Spray.
4. Possible side effects.
5. How to store Linctagon® Throat Spray.
6. Contents of the pack and other information.

1. What Linctagon® Throat Spray is and what it is used for

A combination throat spray for the relief of symptoms associated with colds and flu such as a sore and burning throat.

2. What you need to know before you take Linctagon® Throat Spray**Do not take Linctagon® Throat Spray:**

- If you are hypersensitive (allergic) to any of the ingredients of Linctagon® Throat Spray (listed in section 6).

Warnings and precautions

- Do not use if you have any known hypersensitivity or allergy to any of the ingredients in Linctagon® Throat Spray. If in doubt, consult your healthcare provider.
- Linctagon® Throat Spray contains sucrose which may have an effect on the control of your blood sugar if you have diabetes mellitus.
- If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking Linctagon® Throat Spray.

Porphyria: Safety has not been established.

Tell your doctor if you are not sure about any of the above.

Other medicines and Linctagon® Throat Spray

Always tell your healthcare provider if you are taking any other medicine. This includes complementary or traditional medicines.

Consult your doctor, pharmacist or healthcare provider before using Linctagon® Throat Spray if you are taking:

- Blood thinning medication such as warfarin or antiplatelet medication such as clopidogrel, as *Pelargonium sidoides* root extract may have a blood thinning effect.

Taking Linctagon® Throat Spray with food and drink

There is no known interaction between the contents of Linctagon® Throat Spray and food or drink.

Pregnancy and Breastfeeding

If you are pregnant or breastfeeding, think you might be pregnant or are planning to have a baby, please consult your doctor or pharmacist or other healthcare provider for advice before taking this medication.

Driving and using machinery

Linctagon® Throat Spray should not affect your ability to drive or use machinery. However, if you think you are affected you should not drive or operate machinery until you feel better.

3. How to take Linctagon® Throat Spray

Do not share medicines with any other person.

Always take Linctagon® Throat Spray exactly as described in this leaflet or as your healthcare provider has instructed you. You should check with your doctor or pharmacist if you are unsure.

Shake before use.

The usual dose for adults and children 12 years and older is:

Spray 6 – 8 squirts to the back of the throat, three times per day.

The usual dose for children between 6 – 12 years:

Spray 3 – 4 squirts to the back of the throat, three times per day.

Use for at least (5) five days to see beneficial effects.

If you take more Linctagon® Throat Spray than you should

In the event of overdosage, consult your doctor or pharmacist. If neither is available, contact the nearest hospital or poison centre.

If you forget to take Linctagon® Throat Spray

Take your missed dose when you remember. Do not take a double dose to make up for forgotten individual doses.

If you stop taking Linctagon® Throat Spray

If you are taking the dose as indicated, it is unlikely that there should be withdrawal effects when you stop using this medication.

4. Possible side effects

Linctagon® Throat Spray can have side effects

Not all side effects reported for Linctagon® Throat Spray are included in this leaflet. Should your general health worsen while taking this medicine, or if you experience any untoward effects while taking this medicine, please consult your healthcare provider for advice.

Like all medicines, this medicine can cause side effects, although not everybody will experience them.

If any of the following or other side effects occur, stop taking this product and consult your doctor or pharmacist or go to the casualty department at your nearest hospital:

Allergic reactions such as: skin rash and itching.

Tell your doctor or pharmacist if you notice any of the following:

Frequency unknown:

- Wheezing
- Abdominal pain, diarrhoea, indigestion, nausea and vomiting

If you notice any side effects not mentioned in this leaflet, please inform your doctor or pharmacist.

Reporting of side effects

If you get side effects, talk to your doctor, pharmacist or nurse. You can also report side effects to SAHPRA via the "6.04 Adverse Drug Reaction Reporting Form", found online under SAHPRA's publications:

<https://www.sahpra.org.za/Publications/Index/8>. By reporting side effects, you can help provide more information on the safety of Linctagon® Throat Spray.

5. How to store Linctagon® Throat Spray

- STORE ALL MEDICINES OUT OF REACH OF CHILDREN.
- Store in a dry place at or below 25 °C.
- Protect from light.
- Do not refrigerate.
- Do not store in a bathroom.
- Do not use after the expiry date stated on the label and carton.
- Return all unused medicine to your pharmacist.
- Do not dispose of unused medicine in drains or sewerage systems (e.g. toilets).

6. Contents of pack and other information**What Linctagon® Throat Spray contains**

Active Ingredients	Per 1 ml throat spray
<i>Salvia officinalis (sage)</i> [leaf, extract]	304 mg
<i>Pelargonium sidoides</i> syrup cordial	582 mg
Providing:	
<i>Pelargonium sidoides</i>	128 mg

Linctagon® Throat Spray contains sugar: Fructose (17 mg/ml), glucose (17 mg/ml) and sucrose (28 mg/ml).

Linctagon® Throat Spray contains artificial sweeteners: Glycerine (57 mg/ml) and Stevia (1 mg/ml).

Linctagon® Throat Spray contains preservative: Alcohol 24 % (m/m), 31 % (v/v).

The other ingredients are: glycerol, ethanol, invert sugar syrup, peppermint flavour mint, rebaudioside A (Stevia)

What Linctagon® Throat Spray looks like and contents of the pack

Linctagon® Throat Spray is a reddish-brown coloured solution.

Linctagon® Throat Spray is packed into a 20 ml amber glass container with a white plastic spray nozzle cap, in a unit carton that includes a patient information leaflet.

Holder of Certificate of Registration

Nativa (Pty) Ltd

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Website: www.nativa.co.za

This leaflet was last revised in

January 2021

Date of registration

To be allocated

Registration number

To be allocated

Professional Information

The Linctagon® Throat Spray Professional Information may be obtained from the Nativa website (www.nativa.co.za).

PASIËNTINLIGTINGSBROSJURE

Skeduleringstatus:

S0

LINCTAGON® THROAT SPRAY

Salvia officinalis (salie), Pelargonium sidoides stroopkonsentraat.

Linctagon® Throat Spray bevat suiker: Fruktose (17 mg/ml), glukose (17 mg/ml) en sukrose (28 mg/ml).

Linctagon® Throat Spray bevat kunsmatige versoeters: Gliserien (57 mg/ml) en Stevia (1 mg/ml).

Linctagon® Throat Spray bevat preserveermiddel: Alkohol 24 % (m/m), 31 % (v/v).

- Komplementêre Medisyne: Preparete vir verkoue insluitend nasale dekongestante.
- Hierdie medisyne is nog nie deur die SAHPRA geregistreer of geëvalueer vir kwaliteit, veiligheid of voorgestelde gebruik nie.

Lees die hele inligtingsblad deeglik want dit bevat belangrike inligting.

Linctagon® Throat Spray is beskikbaar sonder 'n dokter se voorskrif. U moet egter steeds Linctagon® Throat Spray versigtig gebruik om die beste resultate daarmee te verkry.

- Hou hierdie inligtingsblad. Dit kan nodig wees dat u dit weer moet lees
- Moet nie Linctagon® Throat Spray met enige ander persoon deel nie
- Indien u verdere inligting of advies verlang

WAT IS IN HIERDIE VOUBILJET

1. Wat Linctagon® Throat Spray is en waarvoor dit gebruik word
2. Wat u moet weet voordat u Linctagon® Throat Spray neem
3. Hoe om Linctagon® Throat Spray te neem
4. Moontlike nuwe-effekte
5. Hoe om Linctagon® Throat Spray te bewaar
6. Inhoud van die verpakking en ander inligting

1. Wat Linctagon® Throat Spray is en waarvoor dit gebruik word

'n Kombinasie keelsproei vir die verligting van simptome geassosieer met verkoue en griep soos 'n seer en brand keel.

2. Wat u moet weet voordat u Linctagon® Throat Spray neem

Moet nie Linctagon® Throat Spray neem nie:

- Indien u hipersensitief (allergies) is vir enige van die bestanddele in Linctagon® Throat Spray (gelys in afdeling 6).

Waarskuwings en voorsorgmaatreëls

- Moet nie gebruik indien u 'n bekende hipersensitiwiteit of allergie het vir enige van die bestanddele in Linctagon® Throat Spray. Indien u twyfel, raadpleeg u gesondheidsorgverskaffer.
- Linctagon® Throat Spray bevat sukrose wat 'n effek op die beheer van u bloedsuiker kan hê indien u diabetes mellitus het.
- Indien u deur u dokter vertel was dat u 'n intoleransie het tot sekere suikers, kontak u dokter voordat u Linctagon® Throat Spray gebruik.

Porfirie: Veiligheid is nog nie vasgestel nie.

U moet u dokter raadpleeg indien u onseker is van enige van die bogenoemde.

Ander medikasie en Linctagon® Throat Spray

Lig altyd u gesondheidsorgverskaffer in wanneer u medisyne op 'n gereelde basis neem, insluitend komplementêre- of tradisionele- medisyne. Raadpleeg u dokter, apteker of gesondheidsorgverskaffer indien u Linctagon® Throat Spray in kombinasie met die volgende medisyne wil gebruik:

- Bloedverdunnings medikasie soos warfarin of anti-plaatjie medikasie soos klopidogrel, aangesien *Pelargonium sidoides* worteltekstrak 'n bloedverdunnings effek kan hê.

Neem van Linctagon® Throat Spray saam met kos en drinkgoed

Daar is geen bekende interaksie tussen die inhoud van Linctagon® Throat Spray en eet- en drinkgoed nie.

Swangerskap en borsvoeding

Indien u swanger is, u baba borsvoed, dink dat u is swanger of beplan om swanger te raak, raadpleeg asseblief u dokter, apteker of ander gesondheidsorgverskaffer vir advies voordat u hierdie medisyne neem.

Bestuur en die gebruik van masjinerie

Linctagon® Throat Spray behoort nie u vermoë om te bestuur of masjinerie te gebruik, te beïnvloed nie. Indien u egter dink dat u aangetas is, moet u nie bestuur of masjinerie gebruik voordat u beter voel nie.

3. Hoe om Linctagon® Throat Spray te neem

Moet nie u medisyne met enige ander persoon deel nie.

Neem Linctagon® Throat Spray altyd presies soos voorgeskryf in hierdie voubiljet of soos u gesondheidsorgverskaffer u aanbeveel het. Maak asseblief seker by u dokter of apteker wat die aanbevole dosis is indien u onseker is.

Skud voor gebruik.

Die gewone dosis vir volwassenes en kinders 12 jaar en ouer is:

Spuut 6 – 8 spuitegter in die keel, drie keer per dag.

Die gewone dosis vir kinders tussen 6 – 12 jaar:

Spuut 3 – 4 spuitegter in die keel, drie keer per dag.

Gebruik vir ten minstens (5) vyf dae om voordelige effekte te ervaar.

Indien u meer Linctagon® Throat Spray geneem het as wat u moes

In die geval van 'n oordosis, raadpleeg u dokter of apteker. Indien nie een van hulle beskikbaar is nie, kontak die naaste hospitaal of gifbeheersentrum.

Indien u vergeet om Linctagon® Throat Spray te neem

Neem die dosis wat oorgeslaan is, sodra u daarvan onthou. Moet nie 'n dubbele dosis neem om te vergoed vir individuele dosisse wat u oorgeslaan het nie.

Wanneer u stop om Linctagon® Throat Spray te gebruik

Indien u die dosis neem soos aangedui, sal daar waarskynlik geen onttrekkingseffek wees wanneer u die gebruik van hierdie medikasie staak nie.

4. Moontlike nuwe-effekte

Linctagon® Throat Spray kan nuwe-effekte hê.

Nie alle nuwe-effekte wat aangemeld is vir Linctagon® Throat Spray is in hierdie voubiljet ingesluit nie. Indien u algemene gesondheid vererger, of indien u ongewenste gevolge ervaar tydens die gebruik van hierdie medikasie, raadpleeg u gesondheidsorgverskaffer vir advies.

Soos alle medisyne, kan hierdie medisyne nuwe-effekte veroorsaak, alhoewel nie almal dit gaan ervaar nie.

Indien een van die volgende of ander nuwe-effekte voorkom, stop die gebruik van hierdie produk en raadpleeg u dokter of apteker of gaan na die naaste ongevallen-afdeling by u naaste hospitaal:

Allergiese reaksies soos: veluitslag en jeuk.

Vertel u dokter of apteker indien u enige van die volgende waarneem:

Frekwensie onbekend:

- Gehyg

- Buikpyn, diarree, slegte spysvertering, naarheid en braking.

Lig asseblief u dokter of apteker in indien u enige nuwe-effekte opmerk wat nie in hierdie inligtingstuk genoem word nie.

Rapportering van nuwe-effekte

Praat met u dokter, apteker, of verpleegster indien u nuwe-effekte ervaar. U kan ook nuwe-effekte by SAHPRA aanmeld via die "6.04 Adverse Drug Reaction Reporting Form", wat aanlyn gevind kan word onder SAHPRA se publikasies: <https://www.sahpra.org.za/Publications/Index/8>. Deur nuwe-effekte aan te meld, kan u help om meer inligting rakende die veiligheid van Linctagon® Throat Spray te verskaf.

5. Hoe om Linctagon® Throat Spray te bewaar

- BEWAAR ALLE MEDISYNE BUITE DIE BEREIK VAN KINDERS.
- Bewaar in 'n droë plek by of benede 25 °C.
- Beskerm teen lig.
- Moet nie in die yskas verkoel nie.
- Moet nie in die badkamer stoor nie.
- Moet nie ná die vervaldatum op die verpakking gebruik nie.
- Neem alle ongebruikte medisyne terug na u apteker.
- Moet nie ongebruikte medisyne in dreine of rioelstelsels (bv. toilette) weggooi nie.

6. Inhoud van die verpakking en ander inligting

Wat Linctagon® Throat Spray bevat

Aktiewe bestanddele	Per 1 ml keel spuit
<i>Salvia officinalis (sage)</i> (salie) [blaar, ekstrak]	304 mg
<i>Pelargonium sidoides</i> sidoides stroopkonsentraat	582 mg
Verskaf:	
<i>Pelargonium sidoides</i>	128 mg

Linctagon® Throat Spray bevat suiker: Fruktose (17 mg/ml), glukose (17 mg/ml) en sukrose (28 mg/ml).

Linctagon® Throat Spray bevat kunsmatige versoeters: Gliserien (57 mg/ml) en Stevia (1 mg/ml).

Linctagon® Throat Spray bevat preserveermiddel: Alkohol 24 % (m/m), 31 % (v/v).

Die ander bestanddele is: Gliserol, etanol, suikerstroop, pepermentgeursel, rebaudioside A (Stevia)

Hoe Linctagon® Throat Spray lyk en die inhoud van die verpakking

Linctagon® Throat Spray is 'n rooi-bruin gekleurde oplossing.

Linctagon® Throat Spray is verpak in 'n 20 ml amber glas houër met 'n wit plastiek-spuutkopdop, wat 'n eenheidskarton met 'n inligtingsbrosjûre insluit.

Houer van Sertifikaat van Registrasie.

Nativa (Edms) Bpk

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Webwerf: www.nativa.co.za

Hierdie voubiljet was laas hersien in

January 2021

Datum van registrasie

Moet toegeken word

Registrasienuommer

Moet toegeken word

Professionele Inligting

Die Linctagon® Throat Spray Professionele Inligting kan verkry word op die Nativa webwerf (www.nativa.co.za).